

The Center for Health & Learning presents

ADAP Prevention Trainings

Workshops in “Best Practice” for Prevention Training and Education

Offered under a grant from the VT Dept of Health, Division of Alcohol and Drug Abuse Programs

This series of trainings is designed for the Vermont prevention workforce: prevention consultants; community and youth development workers; health educators; counselors; school nurses; and coalition and school health advisory council members.

There is a \$35 fee for each workshop, which includes materials and a continental breakfast. Participants should bring a bag lunch.

8:00: Registration & Refreshments • 8:30: Training

**For more information or to register for the trainings below, visit our web site at
www.healthandlearning.org**

ADDICTION 101

Date: April 6 2009 • Location: Montpelier VT • Trainer: Debby Haskins

A brief look into the world of addiction, this training is designed for the beginner who wants a better understanding of the continuum of care. Through a variety of interactive methods participants will achieve a better understanding of the numerous drugs available and the workings of the adolescent brain. Topics include routes of administration, classes of drugs, types of addictions and treatments available in Vermont.

CULTURAL COMPETENCY

Integrating Cultural Skills and Competence into Prevention Programs

Date: April 29 2009 • Location: Montpelier VT • Trainer: Deoshore Haig

Participants will have the opportunity to explore and evaluate diversity issues and characteristics that are essential for developing and sustaining cultural skills, diversity and competency within their service delivery systems.

RESILIENCY 101

Date: May 5 2009 • Location: Montpelier VT • Trainers: Susan Mahoney

This training, which combines individual and small group work, is an introduction to Resiliency as it applies to the prevention field. In addition to learning about the research base that supports resiliency strategies, participants will explore their own individual resiliency and learn how to nurture it in others.

PREVENTION 101

Date: May 28 2009 • Location: Fairlee VT • Trainers: Salvador/Roy

Participants will examine the current culture of drug use in Vermont, explore attitudes toward substance use, review the public health and community development models of prevention, examine a comprehensive substance abuse prevention plan using risk and protective factors and become familiar with prevention resources.

ARTS IN PREVENTION

Date: June 8 2009 • Location: Fairlee VT • Trainer: Dayna Scott

This workshop introduces the many types of art that can be used to promote prevention and the different arts resources available throughout Vermont. Participants will learn how to integrate arts activities into their strategic prevention plans and how to consider special policy issues when implementing art-based prevention activity or strategy.

ADDICTION 101

Date: September 4 2009 • Location: Rutland VT • Trainer: Debby Haskins

See description above.

More trainings on reverse side!

CONFLICT RESOLUTION

Date: September 22 2009 • Location: Fairlee, VT • Trainer: Susanne Terry

When we communicate we know what we are trying to convey to the listener but we spend too little effort attempting to understand what the other is trying to convey. The inevitable effect of each person talking, but not listening, is conflict. Participants will learn three key skills and a theoretical framework that will foster healthy and productive conversations, relieve the stress of conflict and break the cycle of misunderstanding.

PREVENTION ETHICS

Date: October 6 2009 • Location: Rutland VT • Trainer: Jackie Valley

Designed to meet the requirements for the prevention-specific ethics needed for prevention certification, this workshop will teach participants how to: understand ethics from a historical perspective; list the six principles of ethics for prevention practitioners; use an ethical decision making model for dealing with ethical dilemmas; examine cases using the ethical decision making model; and develop a personal professional plan for future growth in the field of prevention.

MEETING FACILITATION

Powerful Strategies for Facilitating Productive, Professional and Positive Meetings, Committees and Task Forces

Date: October 26 2009 • Location: Montpelier VT • Trainers: John Udis

This workshop covers key facilitation strategies that encourage groups to do their best thinking out loud. It also encourages active participant engagement, generates concrete strategies to respond to common but complex facilitation challenges and reveals an agenda-building process that results in productive meetings.

COALITION DEVELOPMENT

Working Together for Community Change

Date: November 10 2009 • Location: Randolph VT • Trainer: Steve Ridini

Participants will explore coalition readiness, community change theory and the Ecological Perspective. They will identify developmental tasks of teams/coalitions, develop strategies to address issues identified by teams and use specific tools to enhance team/coalition building.

ESSENTIAL GRANT SKILLS

Date: November 23 2009 • Location: Randolph VT • Trainer: Chuck Putney

Topics include: developing an effective program plan and identifying the grant makers that would support it; the key elements of a clear and compelling proposal; talking about your organization; structuring your grant-seeking plan; foundations and why they give money; government grants; research tools and strategies.

To register for these trainings visit our web site at

www.healthandlearning.org

For more information: info@healthandlearning.org • 802.254.6590

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Prevention Training
Series Inside!